



New Zealand King Salmon

“Brain food with Peta Mathias”

a night of great food, great talk, great company
exploring Omega3 and the benefits to your health while
supporting your local community

with Dietician Annette Nistor and Chef Brian Samuels

Friday 30th March, 7.30 pm Maitai Club, Kinzett Tce, Nelson
full bar facilities, spot prizes and raffles available
Salmon tasters served during the evening

Meals available at The Maitai Club prior to the event. Bookings essential
phone 548-3966

Tickets \$35

Available from: Baku – Queen Street Richmond
NBS Richmond, Motueka and Nelson.

CASH SALES ONLY phone 545-8162 or 547-5411 a/h for details

COOKWARE



HOMEWARES

